

Pre-Operative Instructions

1. Take nothing by mouth after midnight before your surgery.
2. The day before your surgery, you may take only clear liquids. **NO SOLID FOOD SHOULD BE TAKEN.** Examples of clear liquids are apple and white grape juice, beef and chicken broth, black coffee or tea, Jell-O, water, popsicles, or soda. For a more comprehensive list, please visit our website listed at the bottom of the page.
3. Do not take non-steroidal anti-inflammatory drugs (NSAIDS) including ibuprofen (Motrin, Advil), naproxen (Aleve), or aspirin for one week prior to surgery. It is fine to take acetaminophen (Tylenol).
4. Take only these medications the morning of surgery with a sip of water. Skip all other medications on the day of surgery.

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5. Check in 2 hours before scheduled surgery. Remember to bring your pre-op packet with you to surgery.
 6. Other instructions:
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