

Aesthetic Vaginal Surgery Preoperative Check List

CONSENT

A consent was provided to you the day of your initial consult and should be brought back signed on the day of the procedure. There will be time to answer any questions prior to the procedure but if you have any concerns please contact the office.

PRESCRIPTIONS

Several prescriptions will be sent to your pharmacy the week prior to your procedure and will need to be brought to clinic the day of your procedure. If there is an issue obtaining these medications please contact the office.

Antibiotic

- Keflex 1g or Ciprofloxacin 500mg which will administer 30 min prior to the procedure.

Pain medication

- Oxycodone 5mg will be administered prior to the procedure and can be used postoperatively if NSAIDS (e.g. ibuprofen 600mg) is insufficient.

Anxiety

- Ativan 1mg or Valium 2mg

Topical agents

- Lidocaine 4% cream.
- Bacitracin antibiotic ointment.

PHOTOGRAPHS

Preoperative and postoperative photographs will be taking the day of your procedure and again at your 6 week follow-up visit. These photographs will be stored in your chart. If used for educational purposes they will be deidentified.

OTHER CONSIDERATIONS

- Dress comfortably in clean loose-fitting clothes.
- For best results, shower and clean the labia **both** the evening before and day of your surgery with an antibacterial soap like Dial, Lever or Safeguard.
- Shave the pubic area, inner thighs and labia majora with an electric razor several days before your procedure.
- We encourage patients to bring a phone or tablet to listen to music or watch a show during the procedure. Please bring headphone or ear buds.
- You will need to have a ride home or to your hotel after the procedure.
- Normal diet the day of the procedure and thereafter.
- Purchase minipads, ice packs and ibuprofen 600mg prior to surgery so they are available at home.